



8111 Ox Road, Fairfax Station, VA 22039  
(703) 690-6060 • [www.heatherhillgardens.com](http://www.heatherhillgardens.com)

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## DRIED ITALIAN HERB BLENDS WITH OREGANO, BASIL, ROSEMARY & THYME

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### **ITALIAN HERBS**

Mix these fresh herbs to add traditional Italian flavor to pasta sauces, stir-fried veggies and soups. Makes a tasty dip added to mashed chickpeas or Greek yogurt.

- 1/2 cup oregano
- 1/2 cup basil
- 1/4 cup marjoram
- 1/4 cup thyme
- 1/4 cup rosemary

### **TUSCAN HERB BLEND**

This tasty concoction is an aromatic blend of:

- Basil
- Rosemary
- Oregano
- Fennel
- Crumbled bay leaves
- Anise seeds (optional)
- Black pepper (optional)

Brush chicken, steak or fish with oil and coat generously with herbs before roasting or grilling. Add to vinaigrette salad dressing.